

Category	Name of project	Description	HMMC grant	Applicant
Handicap	TANDEM - a journey of handicapped young people with volunteers	To enable handicapped young people to spend a weekend without parents with the support of volunteers from the ADRA organization with the opportunity to meet new friends, meet a new environment and get great experiences. Efforts to support the handicapped in independence, in cultivating mutual relations between themselves and also between them and volunteers.	20 000	SPMP ČR pobočný spolek Haviřov
	Help for Nelinka	Hi, my name is Nelinka Kallusová. When I was born on April 8, 2020, no one expected what awaited me in life. The doctor just said that I had a sagging corner and that I should go to rehabilitation so that the physiotherapist would look at me. We immediately started massaging the lip, and because I was a sleepy and lazier baby, I preferred to attend special therapies.	10 000	Lukáš Rac
	Aquarehabilitation for people with Parkinson's disease	People with Parkinson's disease need intensive rehabilitation - slow rehabilitation, whole body exercises and fine motor skills - to slow down the degenerative process of the brain. Parkinson-Help Ostrava branch organizes a rehabilitation with a trainer every other week in the pool in Poruba. So far, the club members themselves pay for the activity.	7 500	Parkinson-Help z.s.
	Miles for early care	In early care, we bring help and support to the families of visually impaired children directly at home - early care counselors go to their homes with their families and help parents cope with the difficult situation after the birth of a child with a disability. They will show how to develop a child, what aids and toys to choose, how to adjust the home environment, how to communicate with the child. Thanks to the project, which will help us secure financial resources for fuel, we will be able to commute to the most remote corners of the Moravian-Silesian region and early care counselors will provide children and their parents with the necessary support.	20 000	Společnost pro ranou péči, pobočka Ostrava
	Field service for parents in case of child loss	The service will offer comprehensive and responsive guidance to parents who have gone through or are going through a baby loss at any stage of pregnancy, at birth, or shortly thereafter. Specifically, it will be a matter of psychosocial support for the family during this life situation, help with finding a unique way to say goodbye and being accompanied by times of grief and mourning. Families don't have to be alone, they can have someone who walks in difficulty next to them and helps them find their way around the options available.	20 000	Ze Mě Země z.s.

Miracles of early care on the horse's back	The project is focused on expanding our current hyporehabilitation services, with an emphasis on client care for 0 to 3 years. Our goal is to provide regular hyporehabilitation on a weekly basis for children in early care, for which it is necessary to establish closer and regular cooperation with a qualified physiotherapist specializing in hippotherapy. This should ideally take place for this target group at least once a week.	20 000	Jezdecký klub Sviadnov, z.s.
Therapeutic stay for children with autism	A weekend stay for 20 children with autism is a unique opportunity to actively spend the weekend outside their family in a group of friends. The aim is to strengthen good social habits and avoid isolation. The project will support the entire family system, including healthy siblings	20 000	ADAM - autistické děti a my, z.s.
12-day reconditioning stay for people with MS (multiple sclerosis)	The project will benefit everyone who participates in the stay. These people with multiple sclerosis have great problems with walking, fine motor skills, psyche, etc. They have difficulty engaging in life activities, they do not trust each other, they avoid social events. By obtaining a grant (financial assistance), more members can participate in this project and improve their health. The building in Čeladná is barrier-free, wheelchair users can also ride with us. By exercising, swimming and practicing fine motor skills, as well as rehabilitation, the sick will enjoy the well-being and fun of this stay for a while, thus improving both physics and psyche.	20 000	UNIE ROSKA-reg.org. ROSKA Frýdek-Místek,z.p.s.
Kits for beginning parat hockey players	We are a starting para hockey club that has had its first training season, and for beginning players who have taken the first steps on the ice, we would like to add hockey equipment. We have four promising handicapped children in the team, who have improved so much during the season that they would need to add protectors to keep the sport safe and as fun for them as before.	20 000	PARAHOKEJOVÝ KLUB OSTRAVA z. s.
Expedition	We are students of a master's degree focused on special pedagogy and physical activities of people with disabilities at the Faculty of Physical Education, Palacky University in Olomouc. We organize the project "Expedition across barriers". The aim of this expedition, the course, is primarily to enable people with disabilities to experience something unknown, to get out of their own comfort zone and push their boundaries. Our 10 clients with disabilities also come from the Moravian-Silesian region. Now the eighth year of this expedition will be held, which will take place in Slovakia in May 2022.	20 000	Nikola Vojtovičová